

DO THE
RIGHT
THING



SAFETY DAY ENGAGEMENT ACTIVITIES SHARE A PERSONAL STORY

EVENT LEADER INSTRUCTIONS

The team leader will share a fatigue-related safety story that had a personal impact, with a focus on their personal experience ("think and feel") rather than fact and data based. The group then splits into groups of two or three and shares their own stories with a focus on learnings and what they now do differently as a result of this experience. Participants will discuss ways to **DO THE RIGHT THING IN MANAGING FATIGUE** to prevent similar incidents or mitigate the risk of similar incidents in the future.

Benefits

- Reinforces why it is important **TO DO THE RIGHT THING IN MANAGING FATIGUE** in order to avoid incidents
 - Gives an insight to staff on why safety is important to their leader
 - The leader gives permission to the team to openly share their experiences and learn from each other to prevent incidents in the future
- The leader is providing visible and felt leadership

Avoid the Pitfalls

- Leader focuses on facts and data rather than their personal experience, the learnings gained from this experience, and what they now do differently as a result
- The story is not believable and does not create an environment for open sharing.
- Dependent on the experiences of the participants in the session and willingness to share

Audience

- Suitable for office, operational site and construction project teams. Target audience size up to 20.

Timing

- Time required to complete the activity is approximately 30 minutes.

Content Required

- What was the story (story teller to focus on personal experiences rather than facts and data - "think and feel")
- What was the impact (on the individual, colleagues, their family and yourself)?
- Why were there consequences?
- What did you personally learn?
- What did you do differently because of it?

The following are example debrief questions:

- Considering the situation and contributing factors, have you (addressed to the full group) been faced with similar circumstances?
- What action did you take? Did you **DO THE RIGHT THING IN MANAGING FATIGUE**?
- What was your outcome? Could the outcome have been different? Why or Why not?
- How did you contribute to the situation and the outcome?

Instructions

The team leader will share a safety story that had a personal impact, focusing on their own experiences rather than facts and data, the learnings resulting from this incident and what they now do differently. (10 min)

- Participants split into groups of 2 or 3.
- Groups discuss their own experiences, what they learnt and what they now do differently. (15 min)
- Leader debrief (10 min)

Materials Needed

- Story telling process handout.



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THE STORY TELLING PROCESS:

What was the story (story teller to focus on personal experiences rather than facts and data - "think and feel")?

What was the impact (on the individual, colleagues, their family and yourself)?

Why were there consequences?

What did you personally learn?

What did you do differently because of it?

