



## Incorrect Descent from the Truck's Cabin



**Not Using 2 Hands?**



**This is the Result**

### **What Happened?**

On 22<sup>nd</sup> November 03, at 16:45 hrs, driver of Truckoman MAN HD Vehicle was descending from the truck's cabin after parking his truck having completed a days work. In doing this the driver was facing the cab and holding his personal handbag in his right hand, using only his left hand to hold on to the vehicle. On the 1<sup>st</sup> step of the descent he slipped and fell heavily on the ground and although he landed on his feet, he then fell backwards resting on his buttocks. Although the injury was not serious this time it resulted in a Restricted Work Case with the driver being put on light duties for one week. **(IT COULD HAVE BEEN A LOT WORSE)**

### **Why did it Happen?**

Despite carrying out the activity of descending from his cab many times each day the driver became complacent and took a short cut thinking that he could get away with doing this activity using only one hand.

### **Is There any Learning Value?**

No matter how many times we carry out a regular activity all our actions may cause harm if we try and take short cuts. The few seconds more it would have taken for this driver to pass his bag to his helper before descending the steps would have prevented the time and pain he incurred on himself and the inconvenience caused to others by his actions.

**EVERYONE IS RESPONSIBLE FOR THEIR OWN SAFETY**